

# 2026 NorCal XG-XSA States

## Coach Sign In Sheet

Mar 27-29, 2026

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Meet Dir: P.J. Slater  
Sanction #: 94427

Coaches, by providing your name and membership information below you are certifying that you are a current USA Gymnastics Competitive Coach in good standing, with current U101: Safety/Risk Management certification, background check certification, U110: U.S. Center for Safe Sport trained, U113: Safe Sport Policy certification, U112: Tough Coaching or Emotional Abuse certification, Concussion education acknowledgment, U100: Fundamentals of Gymnastics Instructor certification and the proper discipline to participate in stated sanctioned event.

(Print Clearly and Legibly)				(Print Clearly and Legibly)			
Initial	Coaches Name	Gym	Pro Num	Initial	Coaches Name	Gym	Pro Num
	Makayla Gier	Accel	1454455		Jordin Hinesly	CCGI	2245113
	Leo Lefevre	Accel	2345984		Nicole Delfino	CGA	912601
	Taylor Diaz	Airborne	102851		Gabby Quintana	CGA	143856
	Julie LaClair	Airborne	989630		Jordan Lowery	Champion	1961031
	Elianna Lageschulte	Airborne	993912		Melanie Pio	Champion	1258126
	Sarah Caponera	All Star	2262210		Morgan Walker	Champion	994029
	Charlee McConnell	All Star	947788		Ryleigh Heck	Clovis	946866
	Abigail Wright	All Star	998421		Chloe Sills	Clovis	615478
	Bruna Brew	American SF	1472090		Alex Logvy	Davis Diamonds	1263299
	Tawnya Moore	American SF	317978		Mazzy Love	Davis Diamonds	1080075
	William Pearce	American SF	225309		Rachel Meloni	Davis Diamonds	466495
	Jessica Harbin	American Sports	2249376		Anahita Saghafi	Davis Diamonds	1070444
	Ken Williams	American Sports	93731		CJ Faust	Diablo	1361935
	Ella Chekhanovskaya	Apex	7406		Kathleen Faust	Diablo	2383523
	Olga Pantelus	Apex	262255		Austin Ryan	Diablo	499653
	Tatyana Pantelus	Apex	157370		Melanie Belluomini	Dream Xtreme	1300797
	Frieda Grassmann	Auburn	979679		Brooke Rogelstad	Dream Xtreme	1045162
	Hannah Valdez	Auburn	141416		Taylor Warne	Dream Xtreme	275386
	Cassie Wharton	Auburn	56360		Ivonne Galvan	Edge	1045986
	Catherine Cunningham	Bay Island	63138		Brittani Nesmith	Edge	357731
	Patricia Michelle Dillette	Bay Island	592320		Dawn Pombo	Edge	11436
	Tessa Herbst	Bay Island	936915		Lauren Swenson-Lennox	Edge	459599
	Elizabeth Lavin	Berkeley	101200		Rebekah Bradley	Elevate	938390
	Shauna MartellKelling	Berkeley	1065331		Jasmine Dalangin	Elevate	458792
	Nico Torres-Labarca	Berkeley	624573		Mac Harper	Elevate	498098
	Avalon Vanis	Berkeley	377539		Lana Leonard	Elevate	554851
	Rachel Walsh	Berkeley	352275		Debbie Meyer	Elevate	406205
	Yama Wardak	Berkeley	1372720		Victoria Zeigler	Elevate	549217
	Danielle Windrix	Berkeley	1038531		Jennifer Christenson	Empire	62480
	Hallie Yamamura	Berkeley	620848		Sara Long	Empire	319094
	Larissa Giuliano	Black Diamond	156177		Mariah Robert	Empire	494755
	Danielle Reyes	Black Diamond	2036117		Joseph Rovegno	Empire	409344
	Jay Teninty	Black Diamond	63889		Justin Rowen	Empire	157675
	Abbey Clark	Byers Roseville	270167		Michael Brockmann	Excel	663545
	Sophia Sundin	Byers Roseville	988153		Stephanie Garces	Excel	489894
	Emma Williamson	Byers Roseville	466668		Allura Gardner	Extreme	1362455
	Dakota Aguiar	CCGI	556776		Amber Graupner	Extreme	465127

Return completed sanction report forms to USA Gymnastics Member Services Department at [sanctions@usagym.org](mailto:sanctions@usagym.org) within 72 hours of your event.

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	Jess Lopez	Extreme	410217		Cassie Bratberg	Marin Elite	511871
	Phoebe Appert	Flip 2 It	1039056		Mackenzie Jeffery	Marin Elite	408382
	Jack Violet	Flip 2 It	2050607		Christiana Loyola	Marin Elite	242516
	Jamie Wharton	Flip 2 It	660415		Bri Parker	Marin Elite	389357
	Gigi Carver	Four Stars	624315		Cisco Yamazalez	Marin Elite	415014
	Crystal Ponce	Four Stars	599872		Cassandra Duran	Mastery of Sports	90510
	Holly Pappan	Fresno	2238622		Kristina Meno	Mastery of Sports	548478
	Kendra Unanue	Fresno	1903950		Trevor Sennello	Mastery of Sports	355921
	Laura Bly	Gold Star	238995		Chelsea Spangler	Mastery of Sports	165411
	Owen Heery	Gold Star	406693		Whimsy Lim	Miyagi	285017
	Pearce Wagner	Gold Star	412161		Erika Miyagi	Miyagi	468201
	Caren Altamirano	Gymn Unltd Salida	2158399		Monica Miyagi	Miyagi	360695
	Phillip Gomez	Gymn Unltd Salida	9267		Meg Dodge	NorCal Elite	661521
	Alyssa Wilson	Gymn Unltd Salida	2345529		Diana Castillo	North Bay	1373871
	David Estrella	Gymn Unltd Turlock	614266		Bella Vidal	North Bay	2046513
	Julie Haskett	Gymn Unltd Turlock	607939		Mia Gonzalez	Pacific West	508183
	Natalie Haskett	Gymn Unltd Turlock	607931		Tanya Lynch	Pacific West	275920
	Andrea Mayer	Gymn Unltd Turlock	706457		Iliia Belov	Peninsula SM	110328
	Genesis Hamilton	Gymtowne Coastsides	648810		Cherise Mostajo	Peninsula SM	629327
	Tamara Yearwood	Gymtowne Coastsides	302939		Alyssa Oertli	Peninsula SM	452772
	Jessica Friedman	Gymtowne SSF	342149		Kanami Seo	Peninsula SM	493556
	Chiara Torres	Gymtowne SSF	1029373		Sydney Tejada	Peninsula SM	652376
	Abby Smith	Head Over Heels	275716		Ava Gardner	Redwood Coast	2083342
	Stephanie Bayer	Imperial	661852		Rina Jernigan	Redwood Coast	99050
	Gertrude Emilia Kollar Eb	International	415030		Brian Van Pelt	Redwood Coast	408461
	Oswaldo Perez Pozas	International	1356628		Keilani Schaefer	Rock Solid	404913
	Xochitl Rodriguez	International	1028563		Vicki Schaefer	Rock Solid	377234
	Jimmy Strosnider	International	322935		Eduard Rizvanov	Rodina	382722
	Kenna Cabral	Inversion	1879118		Viktoriya Rizvanova	Rodina	264079
	Haley Christenson	Inversion	164311		Yulia Rodina	Rodina	277361
	Mandie Burson	Kinetics	2187301		Morgan Cummins	Rohnert Park	547994
	Bridget Goggin	Kinetics	392999		Rachel Nykamp	Rohnert Park	420634
	Veronica Johnson	Kinetics	455372		Lizzie Tavelli	Rohnert Park	1854813
	Noelle Del Cueto	Liberty	446024		Madison Winslow	Rohnert Park	497061
	Shelby Love	Liberty	2051756		Ariana Green-Young	Royal	992130
	Lisa Bond-Nelson	Luna	45461		Cayleanna Wingfield	Royal	934862
	Wayne Clark	Luna	406925		Kyle Asano	San Mateo	410507

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	Penny Moyce	San Mateo	407104		Natasha Howard	West Valley	1497477
	Hallie Glannon	Santa Cruz	49204		Joshua Ogawa	West Valley	997876
	Sarah Lovell	Santa Cruz	1881508				
	Gwen Parry	Santa Cruz	1045377				
	Faith De Pasquale	Shasta	1912634				
	Clair Preisser	Shasta	1916224				
	Aidan Callister	Sonoma	2250535				
	Riley Haner	Sonoma	2250400				
	Wendy Hicks	Sonoma	364667				
	Lisa Eaton-Poarch	Technique	415307				
	John Lucas	Technique	119139				
	Courtney Gradl	The Cave	314416				
	Karlee Andersen	Thrive	2327822				
	V Maldonado	Thrive	2431897				
	Brooke Alvernaz	Titans	1452160				
	Jennifer Alvernaz	Titans	1277162				
	Angelica McDonald	Titans	1032599				
	Lina McEnery	Titans	1045769				
	Jada Mendoza	Titans	617237				
	Michael Louie	Top Flight	315525				
	Addison Mullins	Top Flight	591696				
	Cayden Ramak	Truckee	1074580				
	Liz Robinson	Truckee	917802				
	Jessah Thale	Truckee	946944				
	Lucia Corona Espinosa	Twisters	933867				
	Chevy Baker	Ultimate Sports	47084				
	Hannah Holat	Ultimate Sports	199426				
	Chris Reilly	Ultimate Sports	1837908				
	Gracie Simon	Ultimate Sports	1017519				
	Kyra Hash	V-Force	2248476				
	Sarah Ingersol	V-Force	599989				
	Brian Stevens	V-Force	487221				
	Allison Berg	WEN	554295				
	Jesse Wylie	WEN	1038608				
	Jordan Wylie	WEN	947563				
	Wendy Wylie	WEN	932482				
	Israel Mlay	West Coast	506885				

